

How To Encourage Someone

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” - Leo Buscaglia, American author

“A helping word to one in trouble is often like a switch on a railroad track... an inch between wreck and smooth, rolling prosperity.” - Henry Ward Beecher, American author

“No act of kindness, no matter how small, is ever wasted.” - Aesop, Greek fabulist

“Remember not only to say the right thing in the right place, but far more difficult still, to leave unsaid the wrong thing at the tempting moment.” - Benjamin Franklin, American scientist

Show genuine interest.

Acknowledge what's important to them.

Say “Well done.”

Say “Thank you!”

Reciprocate favors.

Respond with something unexpected.

Ask for advice or confide in them.

Offer to lend a hand.

